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# GRANITE STATE

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## RAPID FIRE JUDO TOURNEY



EUROPEAN MODEL DEVELOPMENTAL JUDO TOURNAMENT



# RAPID FIRE JUDO TOURNEY

RAPID FIRE JUDO TOURNEY.  
SATURDAY, OCTOBER 15, 2011  
USA Judo Sanction  
STANDING ONLY TOURNAMENT

Hosted by  
Robert Proksa  
Granite State Judo Institute  
[www.gsji.org](http://www.gsji.org).  
[Robert@gsji.org](mailto:Robert@gsji.org).

**Location:** 409 Beech Street. Manchester, NH 03104.

**Entry:** \$20.00 first division and any additional division is \$20.  
Deadline for mail-in registration by October 13, 2011. Print the full registration off the website: [www.gsji.org](http://www.gsji.org).

**NOTE:** There is NO walk-up registration on the day of the tournament.

**Honor system.** Send the complete registration with the athlete's name, age, gender, rank and weight in *kilograms*.

**Competition begins:** Junior at 9:30 am; Seniors/Masters at 10:30 am.

**Awards:** Medals for 1st, 2nd and 3rd place winners.

**Mats:** 4 mats.



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## **Divisions:**

### **Bantams:**

Co-ed Boys & Girls age (2004-2005) Light, Middle, Heavy as necessary.

Co-ed Boys & Girls age (2002-2003) Light, Middle, Heavy as necessary.

### **Junior Boys:**

Age (2001-2002), (1999-2000) Light, Middle, Heavy as necessary

Age: (1997-1998), (1995-1996) Light, Middle, Heavy as necessary

### **Junior Girls:**

Age (2001-2002), (1999-2000) Light, Middle, Heavy as necessary

Age: (1997-1998), (1995-1996) Light, Middle, Heavy as necessary

**Senior Men-Novice (<sankyu)** - Light, Middle, Heavy as necessary

**Senior Women-Novice or Advanced** - Light, Middle, Heavy as necessary

**Senior Men Advanced** - Light, Middle, Heavy as necessary

**Masters** - divisions to be determined on-site.



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## Please take the time to read and understand the following:

We are modeling this event after developmental tournaments that are offered in some areas in Europe. The format is specifically designed to get people LOTS of Judo and LOTS of fights. In ALL cases, every division will be a round robin division. No division will have more than eight participants.

In a division of three you would have two fights, in a division of eight, you would have seven fights. In addition to the goal of getting a lot of fights, the aim of a standing or tachi-waza tournament is to foster and aid in developing more throwing techniques. There should not be significant emphasis on penalties.

Instead, it should be on getting down to business and scoring with throws. To that end, all matches will be ONE minute. In case of no score, there will not be a Golden Score but a referees' decision instead.

There is NO matwork in this format. When competitors go to the mat, they will stand back up.

Since these events allow only a short time to win decisively, they generate a lot of excitement and are a lot of fun in addition to the challenges.

**Elimination:** ALL divisions will be held in the Round Robin format. That will allow 10 points for an Ippon win, 7 for a Wazari, 5 for a Yuko and 1 for a Decision. At the conclusion of the round robin, the winner will be the person with the most wins.

In case of a tie, the winner will be the person with the most points. In case of a continued tie between two individuals, the winner of the head-to-head match will be the winner. In case of tie among three or more, the tied persons will fight another full round robin among themselves.

### **RULES of the matches:**

**Attire:** Judo gi of legal size. Women need a white T-shirt or white leotard.

**Duration:** All matches are ONE minute.

**Mats:** 4 mats for juniors; 1-2 for seniors pending the number of competitors.

**Referees:** 1 ref per mat.

**Submissions:** There will be NO chokes NOR armbars in any division (this includes standing chokes or armbars).



**REGISTRATION FOR:**

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# **RAPID FIRE JUDO TOURNEY**

**Name:** \_\_\_\_\_ **Age/yr:** \_\_\_\_\_ **Rank:** Jr/Sr \_\_\_\_\_

**Wt (kg):** \_\_\_\_\_ **Male/Female** (circle)

**Address:** \_\_\_\_\_ **Zip** \_\_\_\_\_

**Telephone :** (days) \_\_\_\_\_ (evening) \_\_\_\_\_

**Club:** \_\_\_\_\_ **Coach:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Please be sure to enclose:**

1. Signed Waiver (also signed by Parent or Guardian if Age 18 or younger);
2. USA Judo, USJA, USJF or Int'l membership thru October 15, 2011;
3. Do not mail cash and registration after October 10, 2011.
4. Write check to: **ROBERT PROKSA.**

**MAIL REGISTRATION TO:**

**ROBERT PROKSA.  
45 TWIST HILL RD.  
DUNBARTON, NH 03046.**

\_\_\_\_\_  
Date: \_\_\_\_\_

(Signature)

\_\_\_\_\_  
Date: \_\_\_\_\_

(Parent/Guardian Signature for Athletes under Age 18)

\_\_\_\_\_  
Date: \_\_\_\_\_

(Coach authorization for Advanced Division entry)

GRANITE STATE JUDO INSTITUTE: CELL: 603-568-0054 OR HOME: 603-774-8251.

[WWW.GSJI.ORG](http://WWW.GSJI.ORG)

[ROBERT@GSJI.ORG](mailto:ROBERT@GSJI.ORG)



**WARNING, WAIVER AND RELEASE OF LIABILITY AND AGREEMENT TO PARTICIPATE.**

In consideration of being permitted to participate in any way, including travel to and from, the Granite State Judo Challenge and related events and activities of the United States Judo, Inc., United States Judo Federation, United States Judo Association, New Hampshire state Judo, Inc., Manchester Police Athletic League, or Granite State Judo Institute, I hereby:

1. Acknowledge that I am familiar with the sport of Judo and understand the rules governing the sport of Judo.
2. Agree that, prior to participating, I will inspect the mats, equipment, facilities, competition pools or divisions and the elimination or scoring system to be used, and if I believe anything is unsafe or beyond my capability, I will immediately advise my coach, supervisor, and/or a tournament official of such condition(s) and refuse to participate.
3. Acknowledge and fully understand that I will be engaging in a contact sport that might result in serious injury, including permanent disability or death, and severe social and economic losses due not only to my action, inactions or negligence, but also to the actions, inactions, or negligence of others, the rules of the sport of Judo, or conditions of the premises or of any equipment used. Further, I acknowledge that there may be other risks not known to me or not reasonably foreseeable at this time.
4. Knowing the risks involved in the sport of Judo, I assume all such risks and accept personal responsibility for the damages following such injury, permanent disability or death.
5. Release, waive and discharge and covenant not to sue the United States Judo, Inc., United States Judo Federation, United States Judo Association, New Hampshire Judo Inc., Manchester Police Athletic League, and the Granite State Judo Institute, together with their affiliated clubs, their respective administrators, directors, agents, coaches and other employees or volunteers of the organization, event officials, medical personnel, other participants, their parents, guardian(s), supervisors and coaches, sponsoring agencies, sponsors, advertisers, and if applicable, owners, lessors, and lessees of the premises used to conduct the event, all of whom are hereinafter referred to as "releasee", from any and all claims, demands, losses, or damages on account of injury, including permanent disability and death and damage to property, caused or alleged to be caused in whole or in part by the negligence of the releasee or otherwise to the fullest extent permitted by law.

I HAVE READ THE ABOVE WARNING, WAIVER AND RELEASE, UNDERSTAND THAT I GIVE UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND KNOWING THIS, SIGN IT VOLUNTARILY. I AGREE TO PARTICIPATE KNOWING THE RISKS AND CONDITIONS INVOLVED AND DO SO ENTIRELY OF MY OWN FREE WILL. I AFFIRM THAT I AM AT LEAST 18 YEARS OF AGE, OR, IF I AM UNDER 18 YEARS OF AGE, I HAVE OBTAINED THE REQUIRED CONSENT OF MY PARENTS/GUARDIAN AS EVIDENCED BY THEIR SIGNATURE BELOW.

Participant's Printed Name	Signature	Date

**FOR PARENTS/GUARDIAN OF PARTICIPANTS OF MINORITY AGE  
(UNDER 18 AT TIME OF REGISTRATION)**

This is to certify that I, as Parent(s) or legal guardian(s) with legal responsibility for this participant, do consent and agree to his/her release, as provided above, of all the Releasees, and, for myself, my heirs, assigns, and next of kin, I release and agree to indemnity and hold harmless the Releasees from any and all liabilities incident to my minor child's involvement or participation in these programs as provided above, even if arising from their negligence, to the fullest extent permitted by law. I have instructed the minor participant as to the above warnings and conditions and their ramifications.

Parent/Guardian's Printed Name	Parent/Guardian's Signature	Date



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## DIRECTIONS

### From the NORTH:

Rt 93 south Exit 9S Right at the lights at the bottom of the ramp.  
Continue westerly, down the hill on Bridge Street for approximately 1 mile.  
Left onto Beech St (a one way)  
The PAL building is at the corner of Lake Ave & Beech St: the third set of lights down Beech St, from Bridge St. **or**  
Rt 293 South Take Exit 6 - Amoskeag Bridge exit  
As you come off the highway, stay to the left and go to the Stop sign. Do not veer right.  
At the stop sign turn left.  
Continue south on Eddy Rd for 1/3 - 1/2 miles.  
At the first set of lights, take a left across the Bridge St (aka Notre Dame Bridge).  
Continue straight through lights at Elm St, Chestnut St, Pine St, Union St, and...  
At the next intersection, Beech St, turn right (a one way).  
The PAL building is at the corner of Lake Ave & Beech St: the third set of lights down Beech St, from Bridge St.

### From the SOUTH:

Rt 3 north To Rt 293 North  
Take Exit 5 - Granite St Bridge exit  
At the bottom of the off ramp take a right and cross the bridge  
Continue past the Verizon Wireless Arena, and take a right onto Chestnut St, right after the arena.  
Take your first left onto Spruce St (a one way).  
Continue up Spruce until you reach Maple St (4th set of lights)  
Left on Maple  
At the next set of lights turn left onto Lake Ave (just a block)  
The PAL building is on your right, just before the next set of lights.  
On the left, just before the lights, is our parking lot.

Thank you

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