



## GRANITE STATE FALL JUDO CHALLENGE

Sanctioned by: USA Judo # \_\_\_\_\_

- Date:** Saturday, October 23, 2010.
- Competition Location:** Granite State Judo Institute located at Manchester Police Athletic League.  
411 Beech Street, Manchester, NH 03101  
MPAL website: [www.manchesterpal.org](http://www.manchesterpal.org)  
GSJI website: [www.gsj.org](http://www.gsj.org)
- Eligibility:** Open to current USJI, USJF or USJA members  
(registration for these organizations may be purchased at event)
- Age:** 5 years of age or older
- Rules:** IJF Modified Contest Rules including "Golden Score" (Overtime).  
No Chokes under 13 years of age  
No Arm Bars in Junior Divisions or Adult Novice Divisions  
Blue & White Judogis not required, blue & white belts will be used.  
NOTE: If a competitor is called to compete as white they should not be wearing a blue Judogi.
- Scoring System:** Divisions of 5 or less will be Round Robin  
True Double Elimination
- Match Time:** Juniors and Masters (30 y/o and up) - 3 minutes • Seniors – 5 minutes
- Entry Fee:** \$20.00 per person \$20.00 for second division (Before the event).  
Late fee (Day of event): \$30.00 and \$30.00 for second division **No Spectator Fee.**
- Registration & Weigh-ins:** **Honor system.** Send the complete registration with the athlete's age, gender and weight and rank. AFTER each division is completed, the Top Three competitors will be weighed (window of error allowed will be 1 kg).
- Competition Begins:**
- Juniors -- 9:30 am
  - Seniors & Masters -- 11:00 am (approx.)
- Tournament Director:** Robert Proksa  
Contact Info: [Robert@gsji.org](mailto:Robert@gsji.org)  
Cell (603)-568-0054 Home (603)-774-8251
- Make Checks Payable to:** MPAL
- Send Entries to:** Robert Proksa  
45 Twist Hill Road.  
Dunbarton, NH 03046.
- Food:** There will be food available for purchase on site.



**Divisions (All Weights in KG):**

Birth Year	Gender	Weight Divisions							
Born 2005	Female & Male	Light	Medium	Heavy					
Born 2004	Female & Male	Light	Medium	Heavy					
Born 2003	Female & Male	Light	Medium	Heavy					
Born 2002	Female & Male	23kg	27kg	31kg	35kg	+35kg			
Born 2000-2001	Female & Male	26kg	30kg	34kg	38kg	43kg	+43kg		
Born 1998-1999	Female & Male	28kg	31kg	34kg	38kg	42kg	48kg	53kg	+53kg
Born 1996-1997	Female & Male	36kg	40kg	44kg	48kg	53kg	58kg	64kg	+64kg
1994-1995	Female	40kg	44kg	48kg	52kg	57kg	63kg	70kg	+70kg
1994-1995	Male	51kg	55kg	60kg	66kg	73kg	81kg	90kg	+90kg
Senior – Novice	Female	48kg	52kg	57kg	63kg	70kg	+70kg		
Senior – Elite	Female	48kg	52kg	57kg	63kg	70kg	+70kg		
Senior – Novice	Male	60kg	66kg	73kg	81kg	90kg	100kg	+100kg	
Senior – Elite	Male	60kg	66kg	73kg	81kg	90kg	100kg	+100kg	
Masters (+30 yrs)	Female	Light	Medium	Heavy					
Masters (+30 yrs)	Male	Light	Medium	Heavy					

All weights are in Kilograms; Tournament Director may eliminate and/or combine divisions where necessary, dependant upon the number of competitors.

**SENIORS & MASTERS:** Shime-Waza (chokes) and Kansetsu-Waza (armlocks) permitted in **ALL** senior and master divisions.

**Novice Divisions:** Rokkyu through Sankyu

**Elite Divisions:** Ikkyu, Nikyu and all Dan Divisions

**Mat Area:** This event will be held on 4 mat areas for juniors and 2 mat areas for Seniors and Masters.

*The tournament directors reserve the right to make any changes they deem necessary to insure the safety and fairness to all competitors.*



# Granite State Judo Challenge Entry Form

Open Judo Tournament  
Saturday, October 23, 2010

Complete a FORM for EACH division you intend to compete in.

Last Name	First Name	Age	
Address	City	State	Zip
Club	Phone	Email	
Card # USJI/ USJF/ USJA (Circle one)	Date of Birth	Male/Female	Rank
Division (Please Circle your Division)		Approx. Weight: _____	
Male/Female: (Born 2005) (Born 2004) (Born 2003) (Born 2002)			
Male/Female: (Born 2000-2001) (Born 1998-1999) (Born 1996-1997) (Born 1994-1995)			
Seniors: Male Elite Male Novice Female Elite Female Novice			
Masters: Male Female			

### CERTIFICATE REGARDING NON-BLACK BELT CONTESTANTS

I, \_\_\_\_\_, a judo instructor, who has been awarded the Judo rank of Shodan or higher, recognized by USA JUDO, USJA, USJF, hereby certify that \_\_\_\_\_, although not having been awarded the Judo rank of Shodan or higher, is of sufficient aptitude and skill in Judo to compete in this Shiai. A copy of my proof of rank (rank certificate or my USA JUDO, USJA, USJF, membership card having the verification symbol "(V)" printed following my rank) is attached.

\_\_\_\_\_  
Signature of Judo Instructor



Registration Packet to include:

- Entry Form (one per division)
- Certificate for Non-Black Belt Contestants
- Signed Waiver
- Copy of USJI/USJF/USJA membership card

Checks payable to: MPAL

Send Registration to: Robert Proksa  
45 Twist Hill Rd.  
Dunbarton, NH 03046

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411 Beech Street, Manchester, NH 03101.

MPAL website: [www.manchesterpal.org](http://www.manchesterpal.org)

GSJI website: [www.gsji.org](http://www.gsji.org)

**Directions to Tournament:**

**From the NORTH:**

Rt 93 south Exit 9S Right at the lights at the bottom of the ramp.

Continue westerly, down the hill on Bridge Street for approximaely 1 mile.

Left onto Beech St (a one way)

The PAL building is at the corner of Lake Ave & Beech St:: the third set of lights down Beech St, from Bridge St. **or**

Rt 293 South Take Exit 6 - Amoskeag Bridge exit

As you come off the highway, stay to the left and go to the Stop sign. Do not veer right.

At the stop sign turn left.

Continue south on Eddy Rd for 1/3 - 1/2 mile.

At the first set of lights, take a left across the Bridge St (aka Notre Dame Bridge).

Continue straight through lights at Elm St, Chestnut St, Pine St, Union St, and...

At the next intersection, Beech St, turn right (a one way).

The PAL building is at the corner of Lake Ave & Beech St:: the third set of lights down Beech St, from Bridge St.

**From the SOUTH:**

Rt 3 north To Rt 293 North

Take Exit 5 - Granite St Bridge exit

At the bottom of the off ramp take a right and cross the bridge

Continue past the Verizon Wireless Arena, and take a right onto Chestnut St, right after the arena.

Take your first left onto Spruce St (a one way).

Continue up Spruce until you reach Maple St (4th set of lights)

Left on Maple

At the next set of lights turn left onto Lake Ave (just a block)

The PAL building it on your right, just before the next set of lights.

On the left, just before the lights, is our parking lot.



**Warning! Waiver and Release of Liability and Agreement to Participate**

In consideration of being permitted to participate in any way, including travel to and from, the Granite State Judo Challenge and related events and activities of the United States Judo, Inc., United States Judo Federation, United States Judo Association, New Hampshire state Judo, Inc., Manchester Police Athletic League, or Granite State Judo Institute, I hereby:

1. Acknowledge that I am familiar with the sport of Judo and understand the rules governing the sport of Judo.
2. Agree that, prior to participating, I will inspect the mats, equipment, facilities, competition pools or divisions and the elimination or scoring system to be used, and if I believe anything is unsafe or beyond my capability, I will immediately advise my coach, supervisor, and/or a tournament official of such condition(s) and refuse to participate.
3. Acknowledge and fully understand that I will be engaging in a contact sport that might result in serious injury, including permanent disability or death, and severe social and economic losses due not only to my action, inactions or negligence, but also to the actions, inactions, or negligence of others, the rules of the sport of Judo, or conditions of the premises or of any equipment used. Further, I acknowledge that there may be other risks not known to me or not reasonably foreseeable at this time.
4. Knowing the risks involved in the sport of Judo, I assume all such risks and accept personal responsibility for the damages following such injury, permanent disability or death.
5. Release, waive and discharge and covenant not to sue the United States Judo, Inc., United States Judo Federation, United States Judo Association, New Hampshire Judo Inc., Manchester Police Athletic League, and the Granite State Judo Institute, together with their affiliated clubs, their respective administrators, directors, agents, coaches and other employees or volunteers of the organization, event officials, medical personnel, other participants, their parents, guardian(s), supervisors and coaches, sponsoring agencies, sponsors, advertisers, and if applicable, owners, lessors, and lessees of the premises used to conduct the event, all of whom are hereinafter referred to as "releasee", from any and all claims, demands, losses, or damages on account of injury, including permanent disability and death and damage to property, caused or alleged to be caused in whole or in part by the negligence of the releasee or otherwise to the fullest extent permitted by law.

I HAVE READ THE ABOVE WARNING, WAIVER AND RELEASE, UNDERSTAND THAT I GIVE UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND KNOWING THIS, SIGN IT VOLUNTARILY. I AGREE TO PARTICIPATE KNOWING THE RISKS AND CONDITIONS INVOLVED AND DO SO ENTIRELY OF MY OWN FREE WILL. I AFFIRM THAT I AM AT LEAST 18 YEARS OF AGE, OR, IF I AM UNDER 18 YEARS OF AGE, I HAVE OBTAINED THE REQUIRED CONSENT OF MY PARENTS/GUARDIAN AS EVIDENCED BY THEIR SIGNATURE BELOW.

Participant's Printed Name	Signature	Date

**FOR PARENTS/GUARDIAN OF PARTICIPANTS OF MINORITY AGE  
(UNDER 18 AT TIME OF REGISTRATION)**

This is to certify that I, as Parent(s) or legal guardian(s) with legal responsibility for this participant, do consent and agree to his/her release, as provided above, of all the Releasees, and, for myself, my heirs, assigns, and next of kin, I release and agree to indemnity and hold harmless the Releasees from any and all liabilities incident to my minor child's involvement or participation in these programs as provided above, even if arising from their negligence, to the fullest extent permitted by law. I have instructed the minor participant as to the above warnings and conditions and their ramifications.

Parent/Guardian's Printed Name	Parent/Guardian's Signature	Date